



## GET THE CARE YOU NEED, WHEN YOU NEED IT

### KNOW YOUR OPTIONS FOR URGENT AND AFTER-HOURS CARE

If it's a life-threatening emergency, call 911 or go to the nearest emergency room. If not, we recommend that you call your PCP's office first, even if they are closed. Your PCP's office will always have a nurse or doctor on call. They also have access to your medical record, can coordinate your care, and often have availability for appointments, walk-in hours, X-rays, and urgent care capabilities.

#### EMERGENCY ROOM

**Cost:** \$\$\$\$ Higher than Urgent Care Center or Retail Walk-in Clinic.

**Treatment for:** Choking, convulsions, heart attack, loss of consciousness, major blood loss, seizures, severe head trauma, shock, stroke

**Advantages:**

- Best place for treating severe and life-threatening situations
- Open 24 hours a day, 7 days a week
- Widest range of services for emergency care

#### RETAIL WALK-IN CLINIC

**Cost:** \$ Lower cost than emergency room.

**Treatment for:** Provides walk-in care for minor medical issues like skin conditions, eye and ear infections, bronchitis, and strep throat.

**Advantages:**

- Walk-in treatment for common illnesses that typically require straightforward treatment
- Lower cost than an emergency room
- Typically staffed by Nurse Practitioners
- Open seven days a week, including evening and weekends

#### URGENT CARE CENTER

**Cost:** \$ Lower cost than emergency room.

**Treatment for:** Good for urgent care needs such as cuts and bruises, bites, burns, sprains, coughs, colds and flus, and minor injuries.

**Advantages:**

- Shorter wait times than an emergency room
- Lower cost than an emergency room
- Open after hours, including weekends and holidays
- Same-day appointments and walk-in service
- Typically, nurse practitioners, physicians assistants, nurses and doctors provide care
- On-site diagnostic testing available (like x-ray, etc.) (Call ahead for availability.)